

Join largest Non-Race Community Run/Walk in Austin TODAY!

May 5, 3:14 PM · Valeria Flores - Austin Running Fitness Examiner

Make the Movement is an *ACTIVE Life Movement* initiative. The *ACTIVE Life Movement*, a nonprofit organization dedicated to leading a pioneer, national social movement for healthy living and healthy choices. They want people to get involved in committing themselves to making America a healthier place.

You are invited to participate this evening, hoping that this will lead to the largest, non-race community run/walk in Austin's history. All you have to do is show up at **ONE** of these meeting points with your friends at the time shown next to the location. Once you get there, you can choose to walk or run with the other participants to City Hall. At 7:30pm a picture will be taken of the group.

- Rogue Running at **6:00 PM** (500 San Marcos, Austin, Texas 78702)
- RunTex Riverside at **6:30 PM** (422 West Riverside Dr., Austin, TX 78704)
- RunTex Lake Austin at **7:00 PM** (2201 Lake Austin Blvd., Austin, TX 78703)

To find out more information about this non-profit go to www.makethemovementday.org. **Join them in this cause by taking part in the first "Make the Movement Day"!**



Runners/walkers making healthier choices.

Photo by Valeria Flores

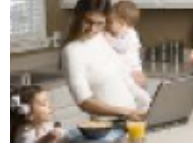
Copyright 2010 Examiner.com. All rights reserved. This material may not be published, broadcast, rewritten or redistributed.

Author



Valeria Flores is an Examiner from Austin. You can see Valeria's articles at: "<http://www.Examiner.com/x-41638-Austin-Running-Fitness-Examiner>"

Advertisement



Flagstaff? mom makes \$298/day working part time from home. See if you qualify.



What the Dentists DON'T want you to know. How to Whiten teeth for \$3



Before you buy, see the reviews. We rank the top wrinkles creams of 2010. See who's #1!



Are electronic cigarettes cheaper and better for your health? Can you really smoke indoors?



Discover 1 shocking teeth whitening trick, that dentists DON'T want you to know!



Until you read our reviews. Top wrinkle creams of 2010 rated for results and value. Try them now.

 [Add Your Link Here!](#)